

PRINCE GEORGE'S COUNTY PUBLIC SCHOOLS
Board of Education
Upper Marlboro, Maryland

0116
Policy No.

BOARD OF EDUCATION POLICY

BASIC COMMITMENTS

Wellness, Nutrition, and Physical Activity

Prince George's County Public Schools is committed to healthy schools and lifestyles, providing a total learning environment that enhances the development of lifelong healthy habits in wellness, nutrition, and regular physical activity.

The Board recognizes that significant research supports a positive relationship between good nutrition, increased physical activity, and academic success.

The Board encourages and supports wellness activities for students and staff.

The Board recognizes its obligation to make available healthy food and beverage choices to students by following state and federal regulations.

The Board directs the Superintendent of Schools to:

- ensure that all schools participate in the National School Lunch and School Breakfast Programs
- promote the physical, mental, and social health of students and staff through a Coordinated School Health Program
- enforce the current health education and physical education requirements as mandated by the Maryland State Department of Education
- provide a safe, healthful, and pleasant environment with adequate time and space to eat, and socialize
- Follow the requirements for new school construction as it relates to gymnasiums per State law
- Follow the requirements for food services areas as required per State law in all new construction

The Board therefore directs the Superintendent to develop an administrative procedure for this policy to include nutrition education goals, physical activity goals, nutrition standards, other school based activities, and evaluation.

Policy Adopted
5/18/06

Policy Amended
3/24/11